

Go Active

If you want to find out about fun ways to keep fit and healthy go to:

www.getoxfordshireactive.org

There you will find lots of information and suggestions to help you become more physically active.

GO Active, Get Healthy

is a brand new FREE to join programme available across Oxfordshire designed to support you to become more physically active by connecting you with a range of activities and opportunities as well as providing motivational support to help get you started and keep you on track!



Morland House Surgery Online

Did you know that you can order your repeat prescriptions, book and cancel appointments and look at details of your immunisations, allergies and medication online?

In order to register for this service you need to go to the Morland House Website www.morland-house.co.uk and click on the **green Patient Access button**. This will bring you to the Patient Access screen where you can register for the service and find answers to any questions you may have.

WI-FI

Our waiting rooms now have wi-fi which patients can access for free. Just select the **OXON-NHS-GUEST** network. However please remember to keep the sound down or use headphones as a courtesy to other patients.

MORLAND HOUSE SURGERY NEWSLETTER

New Year 2015

Telephone
01865 872448



Articles in this newsletter include:

- Morland House in the top 160 surgeries in the country
- Vaccination Programme
- Memory Tests
- Thank you
- Go Active Get Healthy
- Online services
- WI-FI in the waiting room

Visit our website for further information

www.morland-house.co.uk

GP Patient Survey

We are delighted to report that Morland House Surgery has been ranked in the top 160 surgeries in the whole of the country.

Morland House was ranked 158th out of 7929 surgeries in England based on responses to the GP Patient Survey last year.

The data was gathered in two waves - between January and March 2014, and between July and September 2014.

While the survey asks dozens of questions, the focus for the ranking was based on the responses to six key issues:

- ◆ experience of making an appointment,
- ◆ waiting times at the surgery,
- ◆ confidence & trust in the GP,
- ◆ satisfaction with opening hours,
- ◆ the amount of time the patient gets with a doctor,
- ◆ whether the patient would recommend the surgery to others.

Vaccinations

A **shingles vaccine** is available free for all patients aged 70, 78 or 79 years old on 1 September 2014.

Pneumococcal Vaccination

To prevent meningitis and pneumonia it is also recommended that you have a once only pneumococcal vaccination if you are **aged 65 or over**.

Are you at risk of dementia?

Are you aged 60 and over? Do you have Cardiovascular disease (CVD), Peripheral vascular disease, Diabetes or have you had a stroke?

If yes, you may be at risk of dementia.

A simple memory test is available to check for any signs of dementia. The test is available in the surgery and takes no more than 10 minutes. The results of the test will show whether you require further treatment or advice from your doctor. Please ask at reception for further information .

Thank you

We would like to thank all our patients for the many gifts and good wishes the team received over the Christmas and New Year period .



Practice Website

Our surgery website is regularly updated and can be used for booking appointments and requesting prescriptions. It also contains lots of useful patient information about the services we offer. In addition there are links to other services. Address: www.morland-house.co.uk

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